



VITamins TO Prevent Stroke

How to enrol patients in the VITATOPS study

1. Identify eligible patients



Inclusion criteria

All patients presenting to one of the participating neurologists or general physicians within seven months of stroke (ischaemic or haemorrhagic) or TIA (eye or brain) are eligible for this trial (see section 4 of protocol for definitions)

In addition, the patient must:

- agree to take study medications
- be geographically accessible for follow-up
- provide written informed consent

Exclusion criteria

- taking folic acid or B₆ on medical advice
- use of vitamin supplements containing B₆, B₁₂ or folate (unless patient agrees to take study medication instead of the vitamin supplements which they usually take)
- taking Methotrexate for any reason
- pregnancy or women of child-bearing potential who are at risk of pregnancy
- limited life expectancy



2. Obtain written consent from the patient for the VITATOPS study



3. Complete the Enrolment Form (*back of this sheet*) and phone +61 8 9480 5012

Or go to the VITATOPS randomisation website: <http://vitatops.highway1.com.au> to obtain the VITATOPS randomisation number



4. Complete the Baseline Data Form (*gold sheet*)



5. Write a prescription for 6 months supply of VITATOPS tablets with VITATOPS randomisation number or dispense VITATOPS tablets with the correct VITATOPS randomisation number



6. Make a follow-up appointment for 1-3 months from randomisation date



7. Fax the Baseline Data and Randomisation Form to Fax +61 8 9224 8424

Patient name & contact details:

Name _____ Medical record number _____ Phone _____

Date of birth ____/____/____ Gender: Male (1) Female (2)

Name / phone / address of patient's GP _____

Name and phone number of friend or relative not living with the patient _____