

# VITATOPS Follow-up Data Form (1-3 months)

Please use a black pen & BLOCK PRINT IN CAPITALS

## Centre and Patient Details:

Date of Randomisation: \_\_\_\_/\_\_\_\_/\_\_\_\_ Type of Follow-up (eg postal, clinic, GP visit, telephone) \_\_\_\_\_  
 Patient initials \_\_\_\_ Randomising Dr/RN \_\_\_\_\_ VITATOPS number \_\_\_\_\_ Today's date \_\_\_\_/\_\_\_\_/\_\_\_\_  
dd mm yyyy

**Primary or Secondary Outcome Event or Adverse Event (since last follow-up):** Yes (1) No (2)

If Yes, please fill out a blue Major Events Form

**Vascular Surgery or Angioplasty / Stent (since last follow-up):** Yes (1) No (2)

If Yes, specify type \_\_\_\_\_

## Current Risk Factors (if deceased the following applies to the period immediately prior to patient's death)

Current blood pressure (systolic/diastolic) \_\_\_\_/\_\_\_\_ (seated, right arm, Phase V Korotkov sound)

Current smoker ? Yes (1) No (2)

Atrial fibrillation ? Yes (1) No (2)

Ischaemic heart disease ? Yes (1) No (2)

Peripheral vascular disease ? Yes (1) No (2)

## Current Medications:

Anti-platelet drugs ? Yes (1) No (2)

Anti-coagulants ? Yes (1) No (2)

Anti-hypertensives ? Yes (1) No (2)

Lipid-lowering therapy ? Yes (1) No (2)

Treatment (diet or other) for diabetes mellitus ? Yes (1) No (2)

Anti-depressants ? Yes (1) No (2)

Please specify any other medications \_\_\_\_\_

## VITATOPS Medication Compliance (Collect returned bottle and label with the patient name, today's date and VITATOPS number)

On average, since the last follow up how many times per week was the trial medication taken?

(0) times per week

(1-2) times per week

(3-4) times per week

(5-6) times per week

(7) times per week

Did patient **stop** the trial medication at all since the last follow up? Yes, temporarily (1) Yes, permanently (2) No (3)

If Yes, specify dates and reason \_\_\_\_\_

Is the patient taking vitamins/minerals **other than** the trial medication Yes (1) No (2)

If Yes, please specify: \_\_\_\_\_

**Has the patient been treated for depression since last review?** Yes (1) No (2)

**Has the patient been diagnosed with dementia since last review?** Yes (1) No (2)

## Blood Test Results (if available)

Homocysteine (fasting) \_\_\_\_\_ (µmol/L)

Cholesterol (fasting) \_\_\_\_\_ (mmol/L)

Triglycerides (fasting) \_\_\_\_\_ (mmol/L)

Creatinine \_\_\_\_\_ (µmol/L)

Glucose (fasting) \_\_\_\_\_ (mmol/L)

Please make a follow-up appointment for 3-5 months from now (ie 6 months post randomisation)

Please FAX this form now to: VITATOPS Trial coordinator Fax: 0800 291 523